

Medical Evaluation Board

With your PEBLO you build a case with

1. Your medical records;
2. A narrative summary (NARSUM) of your medical condition(s);
3. Results from tests and disability examination(s) performed related to your condition(s);
4. Letters from your chain of command describing how the injury and/or illness impacts your ability to perform your duties; and
5. Other information that the MEB may require (including Service administrative documents).

Physical Evaluation Board

PEB will review and forward to VA DRAS

1. The MEB report recommendation (to include any rebuttal/Service response, and impartial medical review if provided to the MEB);
2. Your medical records and NARSUM;
3. Letters from your commander; and
4. Other information that the PEB may require.

Disability Compensation and Related Compensation Benefits Claim
(VA Form 21-526ez)

- Physical Evaluation Board Liaison Officer (PEBLO)
 - VA Military Services Coordinator (MSC)
 - VA Disability Rating Site (DRAS)

DoD only compensates for unfitting conditions, and VA compensates for all service-connected conditions, which are conditions incurred or aggravated during military service, not just those that are unfitting.

<https://www.benefits.va.gov/predischarge/ides.asp>

Tips For Success

Strategy Education Medical Evidence



Are You Eligible?

1. Suffer from a VA-recognized disability condition
2. Your disability conditions were caused or made worse by your active-duty service
3. Your disability conditions are limiting or affecting your work or life in a negative way

Get to know your VSO

- **Build a Strong and verifiable claim**
- **Get a Medical Diagnosis**
- **Get a Nexus Letter to prove '*at least as likely as not*' connected to your service**



[https://warriorcare.dodlive.mil/
Benefits/Disability-Evaluation/](https://warriorcare.dodlive.mil/Benefits/Disability-Evaluation/)

Chapter 5: Disability Evaluation
Wounded, Ill, and/or Injured Compensation and Benefits Handbook (November 2021)



Integrated Disability Evaluation System (IDES)

The IDES is the primary DoD/VA process to determine if you are fit for continued military service or connections to VA benefits. Three outcomes following a single set of medical examinations conducted by the VA are:

- return to duty,
- medically separate, or
- medically retire (either temporarily or permanently).



Integrated Disability Evaluation System (IDES)

THIS WAY

Jacqueline Jones PhD RN FAAN VMHC Student

IDES OVERVIEW

- **Multi-Disciplinary Briefing (MDB):**

Establishes your expectations. Prepares you for each stage of the IDES process. Informs you of what is expected of you during the IDES process.

- **Medical Evaluation Board (MEB):**

Documents medical status and duty limitations of Service members.

Determines whether your medical condition(s) may prevent you from performing the duties of your office, grade, rank, or rating.

- **Service Member Counseling:** Informs the member of the outcomes and election options and other applicable matters as the member completes each phase of the IDES. (This counseling is normally conducted by an individual designated as the Physical Evaluation Board Liaison Officer.)

- **Physical Evaluation Board (PEB):**

Determines whether you are fit for continued military service. If determined unfit, the PEB also determines your eligibility for disability compensation.

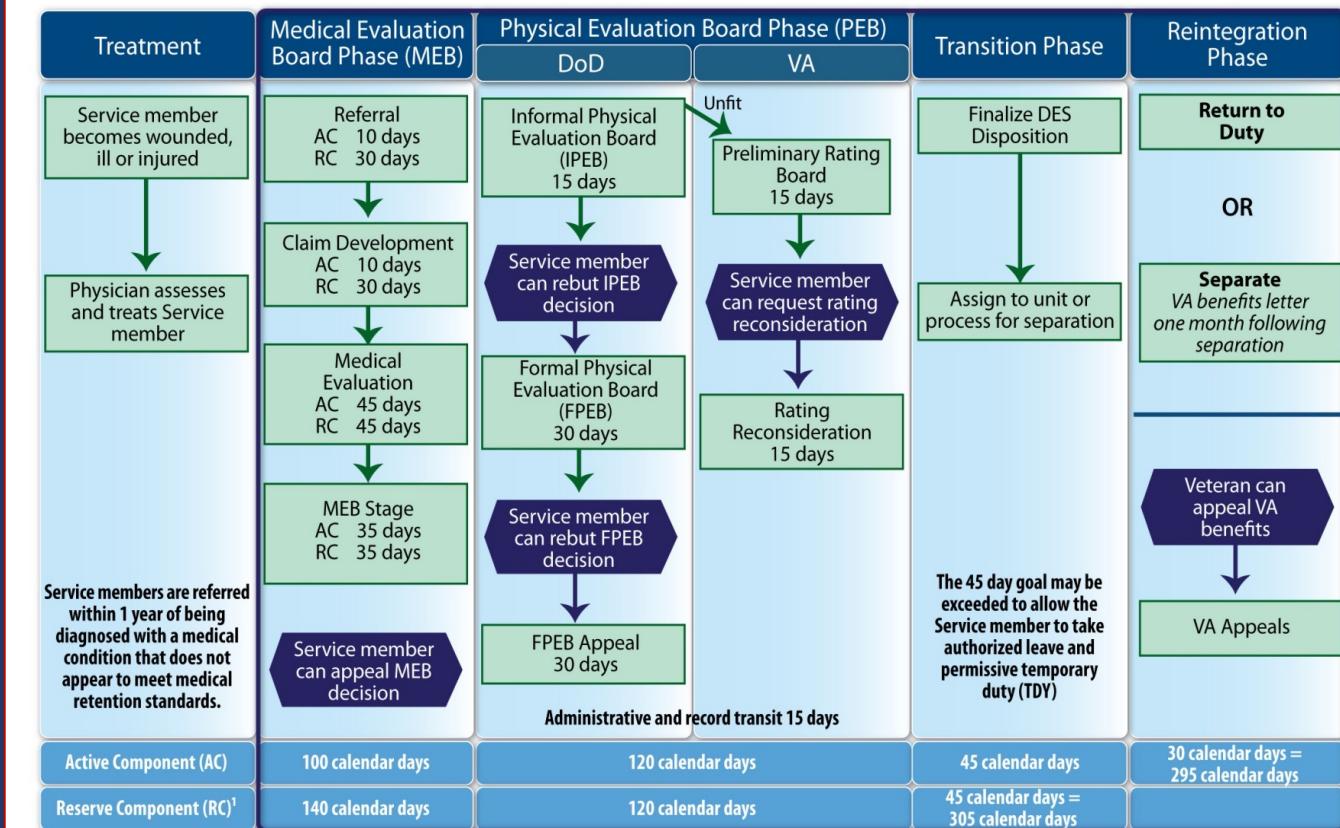
- **Final Disposition:** Includes the approval of your case by the Secretarial designee of your respective military service and the processing of follow-on transition actions that may be applicable, such as a request for continuation.



Wounded Warrior

→ Thriving Veteran

IDES TIMELINE



¹ Reserve component member entitlement to VA disability begins upon release from active duty or separation